

Brighter LIVING FAIR

Programme of Events 1 – 10 October 2021

Brighter Living Fair festival is for adults looking for care and support services in Wandsworth that promote healthy, safe and independent lifestyles. Local organisations will be hosting a number of events both in-person and online varying from gentle exercise, bingo to having a lunch and chat.

The programme of events is outlined below please contact the relevant organisations direct to pre-book a place as numbers may be restricted.

Name of organisation	Brighter Living Fair Activity	In person or online	Date	Open to all or members only	How to book
Black Heroes Foundation	Black History Month 2021 gala celebration for the Windrush elders Plus a care technology demonstration by Adult Social Care Front Door Team	In-person	Friday 1 October	Closed to members only	Telephone: 07986 745486
Regenerate-RISE	Kings and queens in SW15 - a day of music and entertainment	In-person	Friday 1 October	Closed to members only	Email: mosmith@regenerate-rise.co.uk
Citizens Advice Wandsworth	International quiz and digital skills workshop & the new immigration status for European nationals	Online	Friday 1 October	Open to all adults	Email: euadvice@service@cawandsworth.org Telephone: 07761 917510
Stephanie Veillas	Yoga, breath, mindfulness, meditation and affirmations at the Rose Community Club Room	In-person	Saturday 2 October	Open to all adults	Email: Steveil@hotmail.com • Telephone: 07813 906 196
Age UK Wandsworth	Silver Sunday afternoon tea	In-person	Sunday 3 October	Open to all adults	Email: emma.chisholm@ageukwandsworth.org.uk Telephone: 020 8877 8940
Wandsworth Council	Silver Sunday bingo bonanza with tea and cake	In-person	Sunday 3 October	Open to all adults	Email: events@enablelc.org • Telephone: 0203 959 0015 Drop in's welcome from 1.30pm Wandsworth Civic Suite, SW18 2PU
Katherine Low Settlement	KLS 60+ well-being day - be kind to yourself	In-person	Monday 4 October	Open to all adults	Email: sarahg@klsettlement.org.uk • Telephone: 020 7223 2845
Healthwatch Wandsworth	Digital Tour of Wandsworth health and social care service for elders	Online	Monday 4 October	Open to all adults	Email: delia@wandcareall.org.uk
Generate Opportunities	Upcycling and design workshop	In-person	Monday 4 October	Closed to members only	Email: penny.wood@generate-uk.org Telephone: 020 8879 6333
Xyla Health and Wellbeing	Preventing type 2 diabetes workshop	Online	Tuesday 5 October	Open to all adults	Email: linda.murerwa@xylahealth.com

E&O. Information correct at the time of publishing

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Balham Baptist Church	Reflection, remembrance and renewal service & lunch	In-person	Tuesday 5 October	Open to all adults	Telephone: 07941 189194
St Pauls Community Centre Lunch Club	Entertainment with a fish 'n' chip lunch	In-person	Tuesday 5 October	Open to all adults	Email: CommunityCentre@stpaulsparkside.org.uk Telephone: 0208 785 6327
NHS CCG - Wandsworth Wellbeing Hub	Self-management techniques	In-person	Wednesday 6 October	Open to all adults	Email: waccg.wandsworthhub@nhs.net Telephone: 020 3880 0366 Drop in's welcome at Wandsworth Town Library, 11 Garratt Lane, SW18 4AQ
Wandsworth Carers' Centre	Walk and mini golf with tea	In-person	Wednesday 6 October	Closed to members only	Telephone: 020 8675 0811
Thrive	Introduction to social therapeutic horticulture	In-person	Wednesday 6 October	Open all adults	Email: battersea@thrive.org.uk • Telephone: 020 7720 2212 Drop in's welcome at Battersea Park (near Tennis Courts), SW11 4NJ
Wandsworth Asian Women Association	A lunchtime get-together	In-person	Wednesday 6 October	Closed to members only	Telephone: 020 8875 9465
Wandsworth Shopmobility	Wandsworth Shopmobility open day Plus a care technology demonstration by our Adult Social Care Team and our technology partner Alcove	In-person	Wednesday 6 October	Open to all adults	Email: wandsworth.shopmobility@gmail.com Telephone: 020 8875 9585 Drop in's welcome at: 45 Garratt Lane SW18 4AD
Generate Opportunities	Upcycling and design workshop	In-person	Wednesday 6 October	Closed to members only	Email: penny.wood@generate-uk.org Telephone: 020 8879 6333
Healthwatch Wandsworth	Digital tour of Wandsworth health and social care service for elders	Online	Wednesday 6 October	Open to all adults	Email: delia@wandcareall.org.uk
Stephanie Veillas	Yoga, breath, mindfulness, meditation and affirmations at the Rose Community Club Room	In-person	Wednesday 6 October	Open to all adults	Email: Steveil@hotmail.com • Telephone 07813 906 196
Wandsworth Shopmobility	Wandsworth Shopmobility open day Plus a care technology demonstration by Adult Social Care Front Door Team	In-person	Thursday 7 October	Open to all adults	Email: wandsworth.shopmobility@gmail.com Telephone: 020 8875 9585 Drop in's welcome
Putney School of Art and Design	Community art workshop	In-person	Sunday 10 October	Open to all adults	Email: psad@enablelc.org, Telephone: 020 3959 0110 Drop in's welcome at 10am and 12.30pm Putney School of Art and Design, Oxford Road, SW15 2LQ
Wandsworth Older People's Forum	Public meeting of the forum for all older people organisations in Wandsworth	In-person	Tuesday 12 October	Open to all adults	Email: su.elliott2@virgin.net